

**First BASIC B.Sc. (Nursing) Examination, Summer - 2023 (Phase - III)**  
**PSYCHOLOGY**

Total Duration : 3 Hours

Total Marks : 75

- Instructions :**
- 1) Use **black ball point pen only.**
  - 2) **Do not write anything on the blank portion of the question paper. If written anything, such type of act will be considered as an attempt to resort to unfair means.**
  - 3) **All questions are compulsory.**
  - 4) **The number to the right indicates full marks.**
  - 5) **Draw diagrams wherever necessary.**
  - 6) **Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.**
  - 7) **Use a common answerbook for all sections.**

**Section "A" (40 Marks)**

1. Short answer question (any five out of six) : [5 × 5 = 25]
- a) Characteristics of Mentally healthy person.
  - b) What are the types of Conflicts which may cause frustration?
  - c) Psychological needs of adolescents.
  - d) Steps of Problem solving.
  - e) Strategies to improve memory.
  - f) Distinguish between Sensation and Perception.

2. Long answer question (any one out of two) : [1 × 15 = 15]
- Define Emotion. List the various changes occurring during different emotions. Discuss Psychosomatic illness.
  - Define Learning. Explain various types of Learning. Discuss the learning process with an example from nursing.

**Section "B" (35 Marks)**

3. Short answer question (any four out of five) : [4 × 5 = 20]
- Explain Maslow's Self Actualization theory.
  - Explain the features of Attitude.
  - Warning signs of poor mental health in adults.
  - Explain methods of Introspection.
  - Explain any five Defense Mechanisms.
4. Long answer questions (any one out of two) : [1 × 15 = 15]
- Define Psychology. Explain any four branches of Psychology. Importance of Psychology in Nursing.
  - Explain psycho social Motivation. Explain McClellan theory of motivation. How motivation will help nurse to deal with patient.

