

## First BASIC B.Sc. NURSING, Winter 2015

## Psychology

Total Duration: Section A+B = 3 Hours

Total Marks :75

Section - A &amp; Section - B

**Instructions:**

- 1) Use **blue/black** ball point pen only.
- 2) **Do not** write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
- 3) **All** questions are **compulsory**.
- 4) The number to the **right** indicates **full** marks.
- 5) Draw diagrams **wherever** necessary.
- 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
- 7) Use a common answer book for **all** sections.

**Section "A" (40 Marks)**

1. Short answer question (**any five** out of six) : (5x5=25)
  - a) Define Personality and briefly explain its various types.
  - b) What is an emotion? Discuss the effect of emotional reaction on health.
  - c) Discuss the Maslow's hierarchy of needs with diagram.
  - d) Define perception. What are the factors affecting perception ?
  - e) Characteristics of mentally healthy person.
  - f) What are the effects of personal and social motives on behaviour ?
2. Long answer question (**any one** out of two) : (1x15=15)
  - a) Define Psychology. Explain observation method. Explain how the study of psychology is important for a student nurse.
  - b) Define learning. Write the factors that influence learning. Explain the theory of classical conditioning.

**Section "B" (35 Marks)**

3. Short answer question (**any four** out of five) : (4x5=20)
  - a) Define memory and explain types of memory.
  - b) Explain the General Adaptation Syndrome by Hans Selye with one example.
  - c) Explain how a nurse has to cope with stress.
  - d) Define Counselling and explain the phases of counselling.
  - e) Discuss the types of conflicts.
4. Long answer question (**any one** out of two) : (1x15=15)
  - a) Define defence mechanisms. Write importance of defence mechanisms for a individual. Enumerate any four defence mechanisms with example.
  - b) Define thinking. Write types of thinking. Explain scientific method of problem solving.