

# Important Questions for B.Sc Nursing 1st Year Students - Microbiology - MUHS

## Nutrition

- 1) Define BMR and factors affecting BMR
- 2) Food adulteration
- 3) Food Preservation
- 4) Methods and principles of cooking
- 5) Factors affecting Food and Nutrition
- 6) Mid-day Meal Programme
- 7) Define Food and classification of food
- 8) PEM - Kwashiorkor and Marasmus - Malnutrition
- 9) ICDS
- 10) Food additives
- 11) Serving Food
- 12) Enlist Nutritional Programme, Role of Nurse in Nutritional Programme, Iodine deficiency disorder Programme.
- 13) Role of Nurse in nutritional education
- 14) Balance diet
- 15) Weaning and it's Principles
- 16) Principles of Menu Planning
- 17) Composition of body fluid
- 18) Classification and Functions of Food
- 19) Classification of vitamin and Important of vitamin in diet
- 20) Carbohydrates - sources, Functions, classification
- 21) Protein- classification, Functions, deficiency
- 22) Fat- Digestion, Functions, classification
- 23) Factors affecting calcium absorption
- 24) Iron- Sources, deficiency
- 25) Deficiency - Vitamin A and C