

M.Sc.(N) [1st Year]

BF/2021/11

Psychiatric Mental Health Nursing-I

[Psychiatric Nursing Speciality]
[NEW SCHEME-w.e.f. 2008 admission]

Time : 3 Hours

Max Marks : 75

- Note:* 1.) *Attempt all questions.*
2.) *NO SUPPLEMENTARY SHEET SHALL BE ALLOWED /PROVIDED.*
3.) *The Student must write Q.P. Code in the space provided on the Title Page of the Answer Book.*

1. (a) Define Stress. Explain psychological adaptation to stress. [2+7=9]
(b) Discuss nurse's role in the management of stress. [6]
2. (a) Discuss the nurse's role in mental health assessment and documentation. [7.5]
(b) Explain in detail about neurotransmitters and its role in psychopathology. [7.5]
3. Write the purpose of classification on mental illness and explain the classification of mental illness. [3+7=10]
4. What is Assertive behavior? Explain the techniques that promote assertive behavior. [2+8=10]
5. **Write Short Notes on any FIVE of the following :** [5x5=25]
- (a) Role of Nurses in lithium administration
(b) What is the role of relaxation therapy in mental disorders?
(c) Mental health and mental illness
(d) Components of self concepts
(e) Milieu therapy
(f) Electro convulsive therapy
(g) Circadian Rhythms
-