

**B.Sc.(N) [1<sup>st</sup> Year]**

BF/2022/05

**Psychology**

[New Scheme w.e.f. 2006]

**Time : 3 Hours**

**Max Marks : 75**

*Note: 1.) Attempt all questions.*

*2.) NO SUPPLEMENTARY SHEET SHALL BE ALLOWED /PROVIDED.*

*3.) The Student must write Q.P. Code in the space provided on the Title Page of the Answer Book.*

1. (i) (a) Define Attention. [2]  
(b) Describe the determinants of attention [7]  
(c) Discuss in brief the disorders of perception [6]

**OR**

- (ii) (a) Define Motivation. [2]  
(b) Discuss factors affecting motivation. [7]  
(c) Differentiate between biological and social motives. [6]
2. (a) Define Stress. [2]  
(b) Discuss stress adaptation model. [5]  
(c) Discuss ways for stress management. [8]
3. (a) List characteristics of a mentally healthy person. [3]  
(b) Explain different types of memory and ways to improve memorization. [7]
4. (a) Define Ego- defense mechanism. [2]  
(b) Discuss how emotions affect our perception. [8]

5. **Write Short Notes on any FIVE of the followings :** [5x5=25]

- (a) Body mind relationship  
(b) Psychology in nursing  
(c) Theory of classical conditioning  
(d) Factors affecting attitude change  
(e) Maslow's hierarchy of motivation  
(f) Warning signs of poor mental health  
(g) Psychometric assessment of emotions
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