

**M.Sc.(N) [1<sup>st</sup> Year]**  
BF/2021/06

**Psychiatric Mental Health Nursing-I**

[Psychiatric Nursing Speciality]  
[NEW SCHEME-w.e.f. 2008 admission]

**Time : 3 Hours**

**Max Marks : 75**

- Note:* 1.) **Attempt all questions.**  
2.) **NO SUPPLEMENTARY SHEET SHALL BE ALLOWED /PROVIDED.**  
3.) **The Student must write Q.P. Code in the space provided on the Title Page of the Answer Book.**

1. (a) Enumerate the principles underlying Behaviour therapy. [5]  
(b) Describe the various techniques used in this Therapy with suitable examples. [10]
2. (a) Describe the psychological problems related to Pregnancy and Puerperium [7.5]  
(b) Write Nurses' role in relation to Care of Women with these problems. [7.5]
3. (a) Discuss the role of parents and teachers in development of Self-esteem of a Child. [5]  
(b) Explain various components of Mental status examination. [5]
4. (a) List the objectives of National mental health programme. [5]  
(b) List down the classification of Antidepressants and nurse's role in regard to patient receiving Antidepressant drugs. [5]
5. **Write Short Notes on any FIVE of the following :** [5x5=25]  
(a) Barriers of Communication with specific emphasis in Psychiatric Nursing  
(b) Psycho Immunology  
(c) Factors affecting the Therapeutic Nurse Patient Relationship  
(d) Importance of Psychometric Assessment  
(e) Premarital Counselling  
(f) Alternative System of Medicine in Mental Health  
(g) Extra Pyramidal Symptoms
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