

B.Sc.(N) [3rd Year]
BF/2019/08
Mental Health Nursing
[New Scheme w.e.f. 2006]

Time : 3 Hours

Max Marks : 75

Note: 1.) *Attempt all questions.*

2.) *NO SUPPLEMENTARY SHEET SHALL BE ALLOWED / PROVIDED.*

3.) *The Student must write separate O.P. Code in the space provided on the title Page of the respective Answer Book.*

1. (i) (a) Discuss the relevance of self-awareness in Mental Health Nursing. [3]
(b) Discuss the principles of Psychiatric Nursing. [8]
(c) List the therapeutic impasse of Nurse Patient Relationship. [4]
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- (a) Discuss the importance of the Nurse Patient Relationship in Mental Health Nursing. [4]
(b) List the phases of Nurse Patient Relationship. Discuss one phase in detail. [5+6]
2. **Discuss the nursing management of the following:** [7.5 x 2]
(a) Patient with Mania
(b) Patient with Alcohol Dependence
3. Discuss role of mental health nurse in Promotion of Mental Health in the Community. [10]
4. (a) Define Anxiety [2]
(b) List the different types of Anxiety Disorder. [4]
(c) Discuss the nursing management of patient with Obsessive Compulsive Disorder. [4]
5. **Write Short Notes on any FIVE of the following:** [5x5=25]
(a) Defence Mechanism
(b) Anti Depressant Drugs
(c) Behavior Therapy
(d) Communication Techniques
(e) Care of the Suicidal Patient
(f) Crisis Intervention
(g) Psycho-drama
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