

M.Sc.(N) [1st Year]

BF/2017/09

Psychiatric Mental Health Nursing-I

[Psychiatric Nursing Speciality]
[NEW SCHEME-w.e.f. 2008 admission]

Time : 3 Hours

Max Marks : 75

- Note: 1.) *Attempt all questions.*
2.) *NO SUPPLEMENTARY SHEET SHALL BE ALLOWED /PROVIDED.*
3.) *The Student must write O.P. Code in the space provided on the Title Page of the Answer Book.*

1. (a) Explain the factors influencing personality development. [3]
(b) Describe in tabular form the developmental stages by Freud, Sullivan & Erikson. [9]
(c) Discuss which theory of personality development is most appropriate according to you and why. [3]
2. (a) Discuss the dynamics of Nurse-patient relationship. [3]
(b) Explain the phases of Therapeutic relationship. [9]
(c) Discuss the difficulties you encounter in termination phase of relationship and how as Nurse you would overcome them. [3]
3. a) Define Therapeutic Community/ Milieu Therapy. [2]
(b) Discuss the principles of Therapeutic Community. [3]
(c) Explain the functioning aspects of Therapeutic Community. [5]
4. (a) Describe the Stress Theory in detail. [5]
(b) Discuss the Psychological Adaption to Stress. [5]
5. Write Short Notes on any FIVE of the following : [5x5=25]
(a) Human Rights of Mentally Ill.
(b) Psychobiology in Mental Illness.
(c) Standards of Psychiatric Nursing.
(d) Techniques used to promote Assertive Behaviour.
(e) Role of a Nurse in giving Antianxiety Drugs.
(f) Mini Mental Status Examination.
(g) Therapeutic Touch.