

# M.Sc.(N) [1<sup>st</sup> Year]

BF/2017/02

## Psychiatric Mental Health Nursing-I

[Psychiatric Nursing Speciality]  
[NEW SCHEME-w.e.f. 2008 admission]

**Time : 3 Hours**

**Max Marks : 75**

- Note: 1.) *Attempt all questions.*  
2.) *NO SUPPLEMENTARY SHEET SHALL BE ALLOWED /PROVIDED.*  
3.) *The Student must write O.P. Code in the space provided on the Title Page of the Answer Book.*

1. (a) Define Milieu Therapy. [2]  
(b) What are the conditions which promote Therapeutic Community. [5]  
(c) Discuss role of nurse in Therapeutic Community. [8]
2. (a) Define Nursing Process. [2]  
(b) Discuss the steps of nursing process in detail. [10]  
(c) Explain 'PIE' method of Charting. [3]
3. a) Discuss components of Assertive behavior. [5]  
(b) Explain Thought- Stopping Technique. [5]
4. Discuss National Mental Health Programme in India. [10]
5. **Write Short Notes on any FIVE of the following :** [5x5=25]  
(a) Challenges in Psychiatric Nursing.  
(b) Autonomic Nervous System.  
(c) Theory of Moral Development.  
(d) Basic Human Rights.  
(e) Critical Pathway of Care.  
(f) Relaxation Therapy.  
(g) Antianxiety Agents.