

M.Sc.(N) [1st Year]

BF/2016/09

Psychiatric Mental Health Nursing-I

[Psychiatric Nursing Speciality]
[NEW SCHEME-w.e.f. 2008 admission]

Time : 3 Hours

Max Marks : 75

- Note: 1.) *Attempt all questions.*
2.) *NO SUPPLEMENTARY SHEET SHALL BE ALLOWED /PROVIDED.*
3.) *The Student must write O.P. Code in the space provided on the Title Page of the Answer Book.*

1. (a) Define therapeutic Nurse- Client relationship. [2]
(b) What are the essential conditions required to develop therapeutic Relationship. [5]
(c) Discuss phases of therapeutic Nurse- Patient/ Client relationship. [8]
2. (a) Define Self- Esteem. [2]
(b) Discuss manifestations of Low Self- Esteem. [5]
(c) Explain role of nurse in promoting Self- Esteem in Psychiatric patients. [8]
3. Discuss nursing Model- Hildegard E. Peplau, in detail. [10]
4. Discuss Psychological problems faced by women during Puerperium and its management. [10]
5. **Write Short Notes on any FIVE :** [5x5=25]
(a) Neurotransmitters.
(b) Therapeutic Touch and Massage.
(c) Mood Stabilizers.
(d) Focus Charting.
(e) Mental Health Act.
(f) Scope of Psychiatric Nursing.
(g) Mental Status Examination.
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