

B.Sc.(N) [Post Basic (1st Year)]

BF/2016/03

Nutrition & Dietetics

[New Scheme-w.e.f. 2007 admission]

Time : 2 Hours

Max Marks : 35

Note: Attempt all questions.

1. **Define the following :** [1x5=5]
 - a. Malnutrition.
 - b. Toddler.
 - c. Pre- school age.
 - d. Over weight.
 - e. Psychology.

 2. **Dietary Management of any TWO of the following :** [3½x2=7]
 - a. Anaemia.
 - b. Protein- energy malnutrition.
 - c. Night Blindness.
 - d. Diabetes.

 3. **Explain any TWO of the following:** [3½x2=7]
 - a. Nutritional needs for pregnant mother.
 - b. Two macronutrients.
 - c. Substitute for non- vegetarian diet.

 4. **Describe briefly any TWO of the following :** [3½x2=7]
 - a. Factors to be considered in planning dietary requirements for normal Infant.
 - b. Fat soluble Vitamins.
 - c. Selection of cheap and nutritious food.

 5. **Write Short Notes on any THREE of the following :** [3x3=9]
 - a. Minerals.
 - b. National Nutrition Programme.
 - c. Psychology of Infant.
 - d. Sources of Carbohydrate and Recommended Daily Allowance.
 - e. Role of Fat in the Body and Recommended Allowance.
-