

# B.Sc.(N) [Post Basic (1<sup>st</sup> Year)]

BF/2015/08

## Nutrition & Dietetics

[New Scheme-w.e.f. 2007 admission]

Time : 2 Hours

Max Marks : 35

Note: Attempt all questions.

1. **Define the following :** [1x5=5]
    - a. Balanced diet.
    - b. RDA of Protein.
    - c. Under nutrition.
    - d. Food hygiene.
    - e. Micronutrients.
  
  2. **Dietary Management of any TWO of the following :** [3½x2=7]
    - a. Marasmus.
    - b. Tuberculosis.
    - c. Lactating mother.
    - d. Hypertension.
  
  3. **Explain any TWO of the following:** [3½x2=7]
    - a. Assessment of nutritional status.
    - b. Problems related to Vitamin D deficiency.
    - c. Food preservatives.
  
  4. **Describe briefly any TWO of the following :** [3½x2=7]
    - a. Dietary planning for Adolescents.
    - b. Food Allergy.
    - c. Routine hospital diet.
  
  5. **Write Short Notes on any THREE of the following :** [3x3=9]
    - a. Sources of Iron.
    - b. Nutritional needs of infant.
    - c. Body mass index.
    - d. Sources of Vitamin C.
    - e. Obesity.
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