

# M.Sc.(N) [1<sup>st</sup> Year]

BF/2015/09

## Psychiatric Mental Health Nursing-I

[Psychiatric Nursing Speciality]  
[NEW SCHEME-w.e.f. 2008 admission]

Time : 3 Hours

Max Marks : 75

Note : Attempt all questions.

1. Discuss standards of Psychiatric Nursing and the challenges that nurses face in implementing those standards. [15]
2. **Mr. X, 50 years old is admitted in the Mental Health Centre for treatment of depression :** [15]
  - (a) Enumerate the signs and symptoms of Depression.
  - (b) Discuss the nursing management of a client with depression applying the steps of nursing process.
3.
  - (a) List various psychosocial therapies used in psychiatry. [5]
  - (b) Explain the role of a nurse in therapeutic community. [5]
4. **Answer in brief :-**  
Define therapeutic communication. Discuss various techniques of therapeutic communication. Explain therapeutic impasses and management. [10]
5. **Write Short Notes on any FIVE :** [5x5=25]
  - (a) Stress Management.
  - (b) ICD Classification.
  - (c) Psycho Immunology.
  - (d) Erickson's Psychosocial Theories.
  - (e) Neuro Transmitters.
  - (f) Mood Stabilizers and Nurses role.
  - (g) Family Therapy.

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