

B.Sc.(N) [Post Basic (1st Year)]

BF/2015/02

Nutrition & Dietetics

[New Scheme-w.e.f. 2007 admission]

Time : 2 Hours

Max Marks : 35

Note: Attempt all questions.

1. **Define the following :** [1x5=5]
 - a. Weaning.
 - b. Principles of nutrition.
 - c. RDA of Carbohydrates.
 - d. Saturated fatty acids.
 - e. Micronutrients.

 2. **Dietary Management of any TWO of the following :** [3½x2=7]
 - a. Kwashiorkar.
 - b. Renal Disease.
 - c. Hepatic disease.
 - d. Diabetes.

 3. **Explain any TWO of the following:** [3½x2=7]
 - a. Problems related to Vitamin A deficiency.
 - b. Food preservation.
 - c. Substitutes of non-vegetarian food.

 4. **Describe briefly any TWO of the following :** [3½x2=7]
 - a. Diet planning for a toddler.
 - b. Breast feeding.
 - c. Feeding low birth weight babies.

 5. **Write Short Notes on any THREE of the following :** [3x3=9]
 - a. Mid day meal programme.
 - b. Role of Vitamins in human body.
 - c. Malnutrition.
 - d. Diet in hypertension.
 - e. Cookery rules.
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