

B.Sc.(N) [Post Basic (1st Year)]

BF/2014/08

Nutrition & Dietetics

[New Scheme-w.e.f. 2007 admission]

Time : 2 Hours

Max Marks : 35

Note: Attempt all questions.

1. Define the following : [1x5=5]
 - a. Nutrients.
 - b. RDA of proteins.
 - c. Under nutrition.
 - d. Carbohydrates.
 - e. Essential Amino Acids.

 2. Dietary Management of any TWO of the following : [3½x2=7]
 - a. Heart disease.
 - b. Peptic ulcer.
 - c. Marasmus.
 - d. Premature infants.

 3. Explain any TWO of the following: [3½x2=7]
 - a. National nutritional programme in India.
 - b. Needs of community nutrition programme.
 - c. Importance of balanced diet.

 4. Describe briefly any TWO of the following : [3½x2=7]
 - a. Nutritional needs of lactating mother.
 - b. Selection of cheap and nutritional foods.
 - c. Problems in feeding.

 5. Write Short Notes on any THREE of the following : [3x3=9]
 - a. Rich sources of proteins.
 - b. Weaning effects on mother and child.
 - c. Macronutrients and Micronutrients.
 - d. Role of minerals in the human body.
 - e. Preparation of Soups.
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