

# M.Sc.(N) [1<sup>st</sup> Year]

BF/2015/02

## Psychiatric Mental Health Nursing-I

[Psychiatric Nursing Speciality]  
[NEW SCHEME-w.e.f. 2008 admission]

Time : 3 Hours

Max Marks : 75

Note : Attempt all questions.

1. (a) Compare and contrast the Psychoanalytic theory of Freud and Interpersonal theory of Sullivan. [7]
- (b) Discuss the intricacies of the personality developmental theories in the modern life. [8]
  
2. **Discuss the concepts of Psychobiology under the following heads :**
  - (a) Role of genetics. [5]
  - (b) Normal Immune response. [5]
  - (c) Implications in Nursing. [5]
  
3. (a) Write what you know about Hans Seyle's stress adaptation syndrome. [5]
- (b) How does the environmental events acts as stress in an individual ? Explain. [5]
  
4. **Answer in brief :-**
  - (a) Challenges and scope in Psychiatric Nursing. [4]
  - (b) Assertive Communication and nurses' intervention. [3]
  - (c) Development of self-esteem. [3]
  
5. **Write Short Notes on any FIVE :** [5x5=25]
  - (a) Anti psychotic drugs and the Nurses' responsibilities.
  - (b) Mechanisms of action in Electro Convulsive Therapy.
  - (c) Behavioural therapy and the nurse.
  - (d) Importance of documentation in Psychiatric Nursing and components of documentation.
  - (e) Types of therapies in the alternative system of medicine in mental health : The nurses' involvement.
  - (f) Standards of Psychiatric Nursing.
  - (g) Role of nurse in promoting self-Esteem.