

M.Sc.(N) [1st Year]

BF/2013/08

Psychiatric Mental Health Nursing-I

[Psychiatric Nursing Speciality]
[NEW SCHEME-w.e.f. 2008 admission]

M.M. : 75

Time : 3 Hours.

Note : Attempt all questions.

1. (a) Discuss Mental Health/Mental Illness Continuum. [10]
(b) Explain role of neurotransmitters in mental disorders. [5]
2. (a) Discuss briefly the nursing process in mental health nursing. [10]
(b) Explain documentation in mental health nursing. [5]
3. (a) Explain Hildegard E. Peplau's nursing model. [7]
(b) Discuss its implications for psychiatric nursing practice. [3]
4. (a) Define assertive behaviour. [2]
(b) Explain behavioural components of assertive behaviour. [3]
(c) Discuss the techniques you as a psychiatric nurse will use to promote assertive behaviour in depressed patient. [5]
5. **Write Short Notes on any FIVE :** [5x5=25]
 - (a) National Mental Health Program.
 - (b) Homeopathy as alternative system of medicine in mental health.
 - (c) Psychometric assessment.
 - (d) Counselling women for mental health.
 - (e) Antianxiety drugs.
 - (f) Family Therapy.
 - (g) Lithium toxicity.
