

B.Sc.(N) [Post Basic (1st Year)]

BF/2013/01

Nutrition & Dietetics

[New Scheme-w.e.f. 2007 admission]

M.M. : 35

Time : 2 Hours.

Note: Attempt all questions.

1. **Define the following :** [1x5=5]
 - a. RDA.
 - b. Malnutrition.
 - c. Adolescent.
 - d. Jaundice.
 - e. Night Blindness.

 2. **Briefly write the dietary management in any TWO :** [3½x2=7]
 - a. Kwashiorkar.
 - b. Nephritis.
 - c. Diarrhoea (Severe).

 3. **Explain any TWO of the following:** [3½x2=7]
 - a. Fluorosis
 - b. Mid-day meal programme.
 - c. Deficiency symptoms of Vitamin `C.

 4. **Give a brief explanation of any TWO of the following :** [3½x2=7]
 - a. Weaning a baby at 8 months.
 - b. Points you will keep in mind while planning a diet for a Pregnant Women.
 - c. Write on any one cooking method.

 5. **Write Short Notes on any THREE :** [3x3=9]
 - a. Functions of Iron.
 - b. Role of nutrition in maintaining health.
 - c. Role of Vitamin K in the body.
 - d. Balanced diet.
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