

M.Sc.(N) [1st Year]

BF/2012/08

Psychiatric Mental Health Nursing-I

[Psychiatric Nursing Speciality]
[NEW SCHEME-w.e.f. 2008 admission]

M.M. : 75

Time : 3 Hours.

Note : Attempt all questions.

Support your Answer with Research and Nursing Studies.

1. (a) Define standards of Psychiatric Nursing. [3]
(b) Describe the interpersonal model by Hildgard E- Peplau. [8]
(c) Explain about stress management of a patient with anxiety. [4]
2. (a) Define Self concept and explain its components. [3]
(b) Discuss the manifestation of low-self concept. [4]
(c) Discuss how as a mental health nurse you would help the patient to improve his/her self concept. [8]
3. Define ECT and explain its mechanism of action for psychiatric patients. Describe your role as a psychiatric nurse for patient who is under going ECT 1st time. [2+2+6=10]
4. (a) Explain the antidepressants and its classification. [5]
(b) Discuss its side effects and your role while giving these drug to patient. [5]
5. **Write Short Notes on any FIVE :** [5x5=25]
 - (a) Challenges and scope of Psychiatric Nursing.
 - (b) Theory of object relation.
 - (c) Women and mental health.
 - (d) Group therapy and role of Psychiatric Nurse.
 - (e) Music therapy for autism.
 - (f) Standards of Psychiatric Nursing.
 - (g) Neuro Psychiatric disorders.
