

M.Sc.(N) [1st Year]

BF/2012/01

Psychiatric Mental Health Nursing-I

[Psychiatric Nursing Speciality]
[NEW SCHEME-w.e.f. 2008 admission]

M.M. : 75

Time : 3 Hours.

Note : Attempt all questions.

Support your Answer with Research of Nursing Studies.

1. (a) Discuss the definitions of Mental Health and mental illness. [5]
- (b) Explain the brain and limbic system in reference to mental disorders. [5]
- (c) Describe the cognitive development theory and its relevance in psychiatric nursing practice. [5]
2. Define therapeutic communication. Discuss the working or Emerging Identity Phase of Nurse Patient relationship. Explain the barriers of this phase and how would you overcome while working with the patient. [3+7+5=15]
3. Define Mental Health Assessment. Describe the objectives you will keep in mind as a Psychiatric nurse while doing MSE. Explain the critical pathways of Nursing Care. [2+3+5=10]
4. Describe the antianxiety drugs and its types. Discuss the side effects and role of psychiatric nurse while giving these drugs. [5+5=10]
5. **Write short notes on any FIVE of the following :** [5x5=25]
 - (a) Standards of Psychiatric Nursing.
 - (b) Legal aspects of Psychiatric Nursing.
 - (c) Development of self concept.
 - (d) Milieu Therapy and role of Psychiatric Nurse.
 - (e) Therapeutic touch and role of Psychiatric Nurse.
 - (f) Nurse care of a patient before giving ECT.
