

M.Sc.(N) [1st Year]

BF/2011/07

Psychiatric Mental Health Nursing-I

[Psychiatric Nursing Speciality]
[NEW SCHEME-w.e.f. 2008 admission]

M.M. : 75

Time : 3 Hours.

Note : Attempt all questions.

1. (a) Explain development of Self Concept. [5]
(b) Explain therapeutic IPR briefly. [2]
(c) Describe phases of IPR. [8]
2. (a) Describe characteristics of Assertive behaviour. [2]
(b) Describe methods of promoting Assertive behaviour among nurses. [5]
(c) Explain steps for Nursing Process for Suicidal Patient. [8]
3. (a) Describe stress and Adaptation Theory. [5]
(b) Give examples of healthy and unhealthy adaptations. [3]
(c) Explain manifestations of maladaptations. [2]
4. (a) Explain principles of doing Mental Status Examination. [2]
(b) Describe outline of Mental Status examination. [6]
(c) Give outline of history of Psychiatric Patients. [2]
5. Write short notes on any **FIVE** of the following : [5x5=25]
 - (a) ICD - 10.
 - (b) Group Therapy.
 - (c) Antipsychotics.
 - (d) Mental Health Act.
 - (e) Neuro-Endocrinology.
 - (f) National Mental Health Programme.
 - (g) ECT.
