

B.Sc.(N) [Post Basic (2nd Year)]

BF/2019/08

Mental Health Nursing

[New Scheme-w.e.f. 2007 admission]

Time : 3 Hours

Max Marks : 75

- Note: 1.) *Attempt all questions.*
2.) *NO SUPPLEMENTARY SHEET SHALL BE ALLOWED /PROVIDED.*
3.) *The Student must write O.P. Code in the space provided on the Title Page of the Answer Book.*

1. (i) (a) Define Mental Health. [2]
(b) Describe Characteristics of Mentally Healthy Person. [7]
(c) List down qualities of Psychiatric Nurse. [6]
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- (ii) (a) Discuss the Etiological factors of Mental disorder. [8]
(b) Enumerate the classification of Mental Disorder according to WHO [7]
2. (a) Define Anxiety. [2]
(b) List down the clinical features of Anxiety disorder. [5]
(c) Discuss the Nursing Management of Anxiety and Stress- Related disorders. [8]
3. (a) Define the Therapeutic communication. [2]
(b) Discuss the therapeutic communication techniques. [8]
4. (a) List down the basic Rights of Mentally ill Person. [3]
(b) Discuss the role of Psychiatric Nurse in leave of absence (Parole). [3]
(c) Describe the Psychiatric Rehabilitation. Discuss the role of Nurse in Psychiatric Rehabilitation [4]
5. **Write Short Notes on any Five of the following:** [5x5=25]
(a) Group Therapy
(b) Antipsychotic Drugs
(c) Care of crying person
(d) Biofeedback
(e) Mental Retardation
(f) National Mental Health Programme
(g) Alcohol dependence
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