

QP Code: PBN203

Max Marks: 75

## B.Sc.(N) [Post Basic (2<sup>nd</sup> Year)]

## Mental Health Nursing [New Scheme-w.e.f. 2007 admission]

Time: 3 Hours

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|--------|------------|--|-------------|
| Note:  | 1.)        | Attempt all questions.   |             |
|        | 2.)        | NO SUPPLEMENTARY SHEET SHALL BE ALLOWED /PROVIDED.                   |             |
|        | 3.)        | The Student must write Q.P. Code in the space provided of            | n the Title |
|        |            | Page of the Answer Book.   |             |
| 1. (i) | (a)        | Define Depression.   | [2]         |
|        | (b)        | List down the types of Depression.                                   | [6]         |
|        | (c)        | Enumerate the nursing management of the patient with Depression. [7] |             |
|        |            | OR   |             |
| (ii)   | (a)        | Define Catatonic Schizophrenia.                                      | [2]         |
|        | (b)        | List down the signs & symptoms of Catatonic Schizophrenia.           | [6]         |
|        | (c)        | Enumerate the nursing management of the patient with Cat             | atonic      |
|        |            | Schizophrenia.   | [7]         |
| 2      | (n)        | Define OCD.  | [2]         |
| 2.     | (a)<br>(b) | List down the signs & symptoms of OCD.                               | [2]<br>[6]  |
|        | (c)        | Discuss the various therapies used for patients with OCD.            | [7]         |
|        | (0)        | Discuss the various therapies used for patients with GGD.            | r,1         |
| 3.     | (a)        | Define Mental Health Act.  | [2]         |
|        | (b)        | Discuss the National Mental Health Programme.                        | [3]         |
|        | (c)        | Enumerate the legal aspects of Psychiatric Nursing.                  | [5]         |
| 4.     | (a)        | Define Anti- Manic Drugs.  | [2]         |
|        | (b)        | List down the Anti- Manic Drugs.                                     | [3]         |
|        | (c)        | Discuss the Lithium Therapy in details.                              | [5]         |
| 5.     | Write      | e Short Notes on any <u>FIVE</u> of the following: [5:               | x5=25]      |
| ٥.     | ,,,,,,,    | 200 00   | .0 20]      |
|        | (a)        | Detoxification.  |             |
|        | (b)        | Systematic Desensitization.  |             |
|        | (c)        | Defense Mechanism.   |             |
|        | (d)        | Postural Hypotension.  |             |
|        | (e)        | Token Economy.   |             |
|        | (f)        | Physical Restraining.  |             |
|        | (g)        | Types of Phobias.  |             |