

# B.Sc.(N) [Post Basic (2<sup>nd</sup> Year)]

BF/2011/07

## Mental Health Nursing

[New Scheme-w.e.f. 2007 admission]

M.M. : 75

Time : 3 Hours.

Note : Attempt all questions.

1. (a) Define the term psychiatric emergencies. [2]
- (b) List down the clinical features of psychiatric emergencies. [5]
- (c) Describe the treatment and nursing management of a patient with psychiatric emergencies. [8]

**OR**

1. (a) Define the term Communication. [2]
  - (b) Describe Communication process in detail. [5]
  - (c) Enlist the phases of nurse patient relationship and explain working phase in detail. [8]
2. (a) What do you understand by therapeutic modalities. [3]
  - (b) Enlist the various therapeutic modalities. [4]
  - (c) Explain indications and contraindications of group therapy. [8]
3. (a) Define the term preventive psychiatry. [2]
  - (b) Enlist the levels of prevention in psychiatry. [3]
  - (c) Explain the tertiary level of prevention in detail. [5]
4. (a) Define the term substance abuse. [2]
  - (b) Write down the treatment and nursing management of patient diagnosed as a case of substance abuse. [8]
5. **Write Short Notes on any FIVE of the following:** [5x5=25]
    - (a) Communication Process.
    - (b) Antipsychotic Drugs.
    - (c) Interview.
    - (d) Post Traumatic Stress Disorder (PTSD).
    - (e) Family Therapy.
    - (f) Principles of Mental Health and Psychiatric Nursing.
    - (g) Concept of Normal and abnormal behaviour.