

B.Sc.(N) [Post Basic (2nd Year)]

BF/2009/06

Mental Health Nursing [Old Scheme]

M.M. : 70

Time : 3 Hours.

Note: Attempt all questions.

1.
 - a. Differentiate between Mental health and Mental illness. [6]
 - b. Describe the basic principles of psychiatric/mental health nursing. [9]

 2. **Mrs. X, a 46 years old female, is admitted in a psychiatric ward. She neglects her personal hygiene, has suicidal ideations, insomnia, crying spells and anorexia:**
 - a. Identify her case and define it. [2]
 - b. List down nursing diagnosis. [3]
 - c. Plan nursing interventions for her according to priority. [10]

 3.
 - a. Define Preventive psychiatry. [2]
 - b. Identify Populations at risk for mental illness within the community. [5]
 - c. Discuss nursing interventions in primary prevention of mental illness within the community. [8]

 4. **Write short notes on any FIVE:** [5x5=25]
 - a. Therapeutic communication techniques.
 - b. Narcotic withdrawal syndrome.
 - c. Psychiatric emergencies.
 - d. Therapeutic nurse-patient relationships.
 - e. Side-effects of antipsychotics and nurses role.
 - f. Nursing management of a patient experiencing hallucinations and delusions.
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