



NC-1806000801040004

First Year M. Sc. (Nursing) Examination

December - 2021

Mental Health Nursing

(Clinical Specialty-I)

Time : 3 Hours]

[Total Marks : 75

Instructions :

(1)

નીચે દર્શાવેલ નિશાનીવાળી વિગતો ઉત્તરવહી પર અવશ્ય લખવી. Fillup strictly the details of signs on your answer book. Name of the Examination : First Year M. Sc. Nursing Name of the Subject : Mental Health Nursing Subject Code No. : 1 8 0 6 0 0 0 8 0 1 0 4 0 0 0 4 Section No. (1, 2,...): Nil	Seat No. : <table border="1"><tr><td></td><td></td><td></td><td></td><td></td><td></td></tr></table> Student's Signature						

SECTION-I (38 MARKS)

I Short Essay (any three) 6×3=18

- (a) Standards of Mental Health Nursing
- (b) Cognitive Development Theory
- (c) Nursing Case Management
- (d) Stress management
- (e) Behavioral components of assertive behavior

II Long Essay (any two) 10×2=20

- (a) Electroconvulsive Therapy.
- (b) Normal reaction to Conception, pregnancy and puerperium.
- (c) Define Therapeutic Communication. Discuss Phases of Therapeutic communication in detail.

SECTION-II (37 MARKS)

- I Short Essay (any three) 5×3=15**
- (a) Premarital & Marital Counselling
 - (b) Antidepressant drugs
 - (c) Occupational Therapy
 - (d) Guided Imagery
 - (e) Documentation methods used in Mental Health Nursing
- II Long Essay (any two) 11×2=22**
- (a) Define Complimentary & Alternative Medicine. List out all the alternative medicine used for mentally ill patient and explain any 3 in detail.
 - (b) Describe Anti-Psychotic drugs and EPS in detail.
 - (c) Explain Development of self-esteem in detail. Discuss manifestations of low self - esteem.
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