

B.Sc. (Nursing Part-I) Examination
January – 2015
Subject - Nutrition
Paper-II (Section-A)

Maximum Marks: 40

Question No. 4 is Compulsory

Attempt any Two form rest of the Questions.
Use Separate Answer – book for each section.

- Q.1 Discuss briefly any three of following:- (4 x 3 = 12)
- Over hydration and water intoxication diseases.
 - Fat soluble vitamins and its deficiency diseases.
 - ICDS Programme
 - BMI and factor affection BMR
- Q.2 Write short notes on any three of the following:- (4 x 3 = 12)
- Role of roughage in diet.
 - Explain methods of preservation of food
 - Therapeutic diet for jaundice patients
 - National and international agencies working towards food
- Q.3 Discuss briefly:- (4 x 3 = 12)
- Define balanced diet and bland diet.
 - Differentiate between under nutrition and malnutrition
 - Prepare a menu for Mrs Rani 22 yrs pregnant woman.
- Q.4 Write briefly on the following :- (8 x 2 = 16)
- Define protein, enlist its types. Discuss about metabolism of protein.
 - Discuss about protein energy malnutrition with its preventive measures.