B.Sc. (Nursing Part-I) Examination
December – 2012
Subject - Nutrition
Paper-II (Section-A)

Maximum Marks: 40

Question No. 4 is Compulsory
Attempt any Two form rest of the Questions.
Use Separate Answer – book for each section.

Q.1 Discuss briefly on any 3 of the following :- (4 x 3 = 12)
 a) Balanced diet.
 b) Food additives.
 c) Food groups.
 d) Deficiency symptoms of vitamin -C.

Q.2 Write short notes on any 3 of the following:- (4 x 3 = 12)
 a) Iodine deficiency disorder.
 b) Adulteration.
 c) Malnutrition
 d) RDA

Q.3 Discuss briefly:- (4 x 3 = 12)
 a) Carbohydrate.
 b) Essential fatty acid.
 c) Iron

Q.4 Write briefly on the following :- (8 x 2 = 16)
 a) Sources, deficiencies, function and symptoms of fat soluble vitamin.
 b) Principles, methods of cooking and serving.