

**B.Sc. (Nursing Part-I) Examination**  
**October – 2007**  
**Subject - Nutrition**  
**Paper-II (Section-A)**

**Maximum Marks: 40**

**Question No. 4 is Compulsory**

**Attempt any Two form rest of the Questions.**

**Use Separate Answer – book for each section.**

- Q.1 Discuss briefly:- (4 x 3 = 12)
- Balanced diet.
  - PEM (protein energy malnutrition)
  - Anemia
- Q.2 Write sources, functions, daily requirement, deficiency symptoms following vitamins:- (4 x 3 = 12)
- Vitamin-B1
  - Niacin
  - Vitamin-C
- Q.4. Write short notes on any 4 of the following :- (4 x 3 = 12)
- Adulteration of food.
  - Factors effecting basal metabolic rate.
  - Functions and sources of protein.
- Q.5. Define the following terms:- (4 x 4 = 16)
- Food fortification.
  - PFA Act.
  - Methods of cooking.
  - Calcium